

2015神戸森林緑地公園10kmカントリー-マラソン

ハーフ (21.0975km) 女子 高校以上

順位	No.	氏名	記録	LAP数	LAPS 1	LAPS 2	LAPS 3	LAPS 4	LAPS 5	LAPS 6	LAPS 7	LAPS 8	LAPS 9	LAPS 10	LAPS 11	LAPS 12	LAPS 13	LAPS 14	LAPS 15	LAPS 16	LAPS 17	LAPS 18	LAPS 19	LAPS 20	LAPS 21	LAPS 22	LAPS 23	LAPS 24	LAPS 25	LAPS 26						
1	319	藤原 美佳	1:47:29	13	0:07:30	0:07:50	0:07:59	0:08:11	0:08:14	0:08:09	0:08:24	0:08:40	0:08:46	0:08:50	0:08:48	0:08:47	0:07:25																			
2	302	中田 美奈子	1:52:26	13	0:09:01	0:08:58	0:08:54	0:08:57	0:08:26	0:08:48	0:08:32	0:08:51	0:08:34	0:08:17	0:08:22	0:08:21	0:08:31																			
3	322	林 鮎美	1:54:41	13	0:08:09	0:08:08	0:08:25	0:08:22	0:08:24	0:08:52	0:08:49	0:08:54	0:08:52	0:09:07	0:09:25	0:09:31	0:09:50																			
4	313	大谷 久子	1:55:59	13	0:09:21	0:08:54	0:09:07	0:09:07	0:08:58	0:09:01	0:08:58	0:08:53	0:08:51	0:08:49	0:08:37	0:08:45	0:08:44																			
5	304	土江 友紀子	1:57:23	13	0:09:12	0:09:01	0:09:10	0:09:06	0:09:02	0:09:00	0:09:01	0:09:02	0:09:16	0:08:58	0:08:47	0:09:06	0:08:48																			
6	305	野村 知佐	1:58:07	13	0:10:08	0:09:33	0:09:16	0:09:01	0:09:02	0:09:13	0:09:00	0:08:56	0:08:50	0:09:01	0:09:01	0:08:42	0:08:28																			
7	315	松平 久美子	1:59:22	13	0:08:13	0:08:28	0:08:55	0:08:47	0:08:58	0:08:58	0:09:33	0:09:26	0:09:46	0:09:07	0:09:59	0:09:54	0:09:24																			
8	323	吉田 ゆり	2:01:11	13	0:08:44	0:08:46	0:08:52	0:08:54	0:08:55	0:09:05	0:09:11	0:09:18	0:09:23	0:09:22	0:10:01	0:10:02	0:10:45																			
9	317	永吉 陽子	2:03:17	13	0:09:52	0:09:15	0:09:16	0:09:21	0:09:18	0:09:20	0:09:30	0:09:32	0:09:26	0:09:33	0:09:28	0:09:56	0:09:34																			
10	314	足立 久美子	2:06:12	13	0:09:01	0:08:58	0:08:54	0:08:57	0:08:50	0:09:00	0:09:26	0:09:38	0:10:06	0:10:16	0:10:56	0:11:33	0:10:42																			
11	334	鶴飼 美那	2:06:33	13	0:08:50	0:08:33	0:09:04	0:09:11	0:09:08	0:09:07	0:09:29	0:09:38	0:09:33	0:09:39	0:10:39	0:11:27	0:12:22																			
12	309	吉村 千恵	2:07:23	13	0:09:02	0:08:55	0:09:09	0:09:02	0:09:14	0:09:27	0:09:52	0:10:19	0:10:20	0:10:25	0:10:54	0:11:14	0:09:35																			
13	303	難波 明代	2:08:31	13	0:08:44	0:08:33	0:08:54	0:09:09	0:09:17	0:09:35	0:09:40	0:09:39	0:10:11	0:11:01	0:11:05	0:11:49	0:10:59																			
14	336	浅田 夏子	2:15:21	13	0:08:34	0:08:45	0:08:48	0:08:41	0:09:55	0:08:49	0:09:29	0:09:57	0:10:54	0:12:49	0:12:20	0:12:54	0:13:31																			
15	337	塩飽 朋子	2:15:24	13	0:08:56	0:09:09	0:09:20	0:09:14	0:09:28	0:09:44	0:09:48	0:11:19	0:10:49	0:11:14	0:12:08	0:12:43	0:11:36																			
16	328	藤見 絵理	2:17:23	13	0:10:49	0:09:51	0:09:56	0:09:48	0:10:16	0:10:28	0:10:43	0:10:39	0:10:58	0:10:40	0:11:12	0:11:03	0:11:06																			
17	307	木下 典子	2:19:43	13	0:10:24	0:10:05	0:10:18	0:10:14	0:10:23	0:10:37	0:10:48	0:10:56	0:10:56	0:11:26	0:11:06	0:11:18	0:11:18																			
18	326	婦木 正代	2:19:43	13	0:10:24	0:10:05	0:10:19	0:10:13	0:10:23	0:10:37	0:10:48	0:10:56	0:10:56	0:11:26	0:11:06	0:11:18	0:11:18																			
19	321	長田 真智子	2:23:09	13	0:10:32	0:10:05	0:10:23	0:10:19	0:10:35	0:10:51	0:11:07	0:12:45	0:11:11	0:11:42	0:11:43	0:12:00	0:10:01																			
20	311	松野 千晶	2:24:17	13	0:10:34	0:10:19	0:10:40	0:11:02	0:10:52	0:10:55	0:11:03	0:11:36	0:10:49	0:11:31	0:11:26	0:12:06	0:11:29																			
21	301	濱野 舞	2:25:49	13	0:10:18	0:10:03	0:10:12	0:10:24	0:10:17	0:10:08	0:10:33	0:10:56	0:11:38	0:11:52	0:12:44	0:12:51	0:13:58																			
22	338	岸 みずほ	2:27:08	13	0:09:32	0:09:19	0:09:57	0:10:24	0:10:27	0:10:31	0:11:04	0:11:31	0:12:06	0:12:50	0:13:48	0:13:25	0:12:21																			
23	329	渡邊 光代	2:34:25	13	0:10:40	0:10:25	0:10:42	0:11:00	0:11:32	0:11:56	0:11:52	0:11:49	0:12:12	0:12:36	0:12:54	0:13:28	0:13:24																			
24	335	長見 恵	2:35:04	13	0:10:46	0:10:55	0:11:29	0:11:19	0:11:19	0:11:48	0:12:25	0:12:08	0:12:14	0:11:59	0:12:19	0:13:00	0:13:29																			
25	316	中塚 敦子	2:38:57	13	0:10:47	0:10:10	0:10:19	0:10:27	0:10:43	0:11:32	0:12:09	0:12:11	0:12:54	0:13:34	0:14:06	0:14:45	0:15:26																			
26	330	下屋 瑞華	2:42:16	13	0:10:23	0:10:13	0:10:23	0:11:06	0:11:48	0:12:28	0:12:29	0:13:16	0:13:13	0:13:22	0:14:04	0:15:07	0:14:29																			
27	333	一丸 裕含	2:43:21	13	0:10:47	0:11:08	0:11:25	0:12:09	0:11:54	0:12:10	0:12:10	0:13:09	0:13:08	0:14:35	0:14:37	0:13:34	0:12:42																			
28	327	別府 尚子	2:54:55	13	0:10:55	0:11:35	0:11:59	0:12:06	0:12:51	0:13:14	0:13:33	0:13:48	0:14:29	0:15:13	0:14:43	0:14:48	0:15:46																			
29	310	別府 暢代	2:57:21	13	0:11:18	0:11:52	0:12:14	0:12:54	0:13:19	0:13:46	0:13:27	0:14:21	0:13:52	0:15:17	0:15:13	0:15:19	0:14:36																			
30	332	竹本 なおこ	2:59:16	13	0:11:03	0:10:42	0:11:53	0:14:09	0:13:51	0:14:08	0:13:13	0:13:18	0:14:39	0:18:18	0:15:33	0:14:24	0:14:12																			
31	331	山田 ゆり	2:59:16	13	0:11:04	0:10:42	0:11:53	0:14:09	0:13:51	0:14:08	0:13:13	0:13:18	0:14:39	0:18:18	0:15:33	0:14:24	0:14:12																			